



Diabetes Can Cause Problems

Video 4 



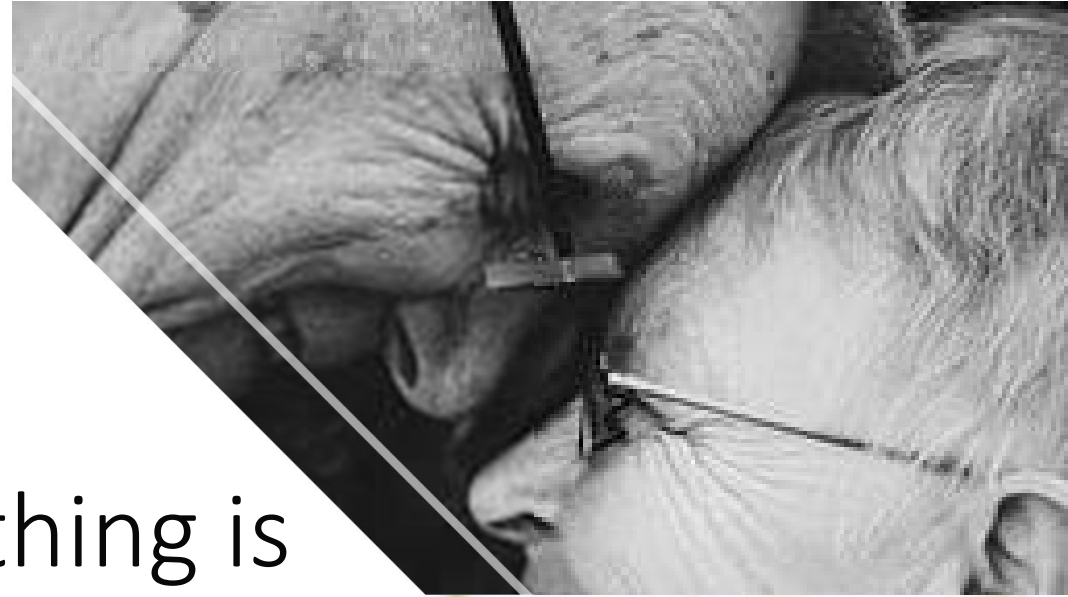
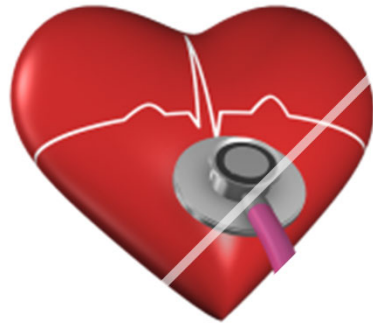
ARTERIES ARE
EVERYWHERE!



—

WHAT WAS THE REAL
PROBLEM?





Everything is
CONNECTED!



Diabetes-related Tests

Cholesterol

Urine



Blood Pressure

Goal:
less than 140/90

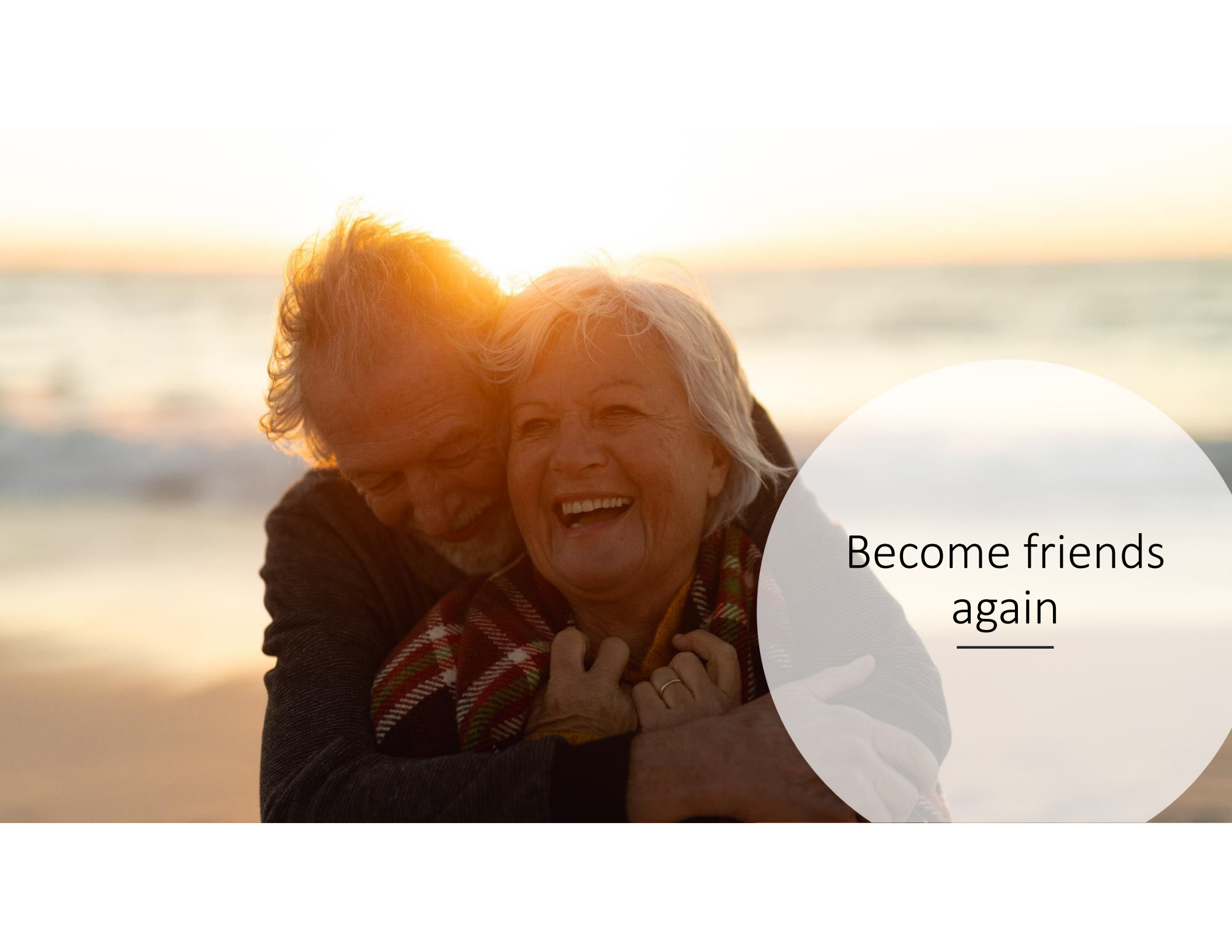


Communication



Marriage – God's Design





Become friends
again



What would
you tell this
man?



How do you feel?



Do you need medications?

Your CHWhelp connect you to medications

References

- American Diabetes Association Professional Practice Committee. (2024). Standards of Care in Diabetes—2024. *Diabetes Care*, 47(Supplement 1), S1–S321. https://diabetesjournals.org/care/issue/47/Supplement_1
- Dilixiati, D., Waili, A., Tuerxunmaimaiti, A., Tao, L., Zebibula, A., & Rexiati, M. (2024). Risk factors for erectile dysfunction in diabetes mellitus: A systematic review and meta-analysis. *Frontiers in Endocrinology*, 15, 1368079. <https://doi.org/10.3389/fendo.2024.1368079>
- Gupta, S., Dominguez, M., & Golestaneh, L. (2023). Diabetic Kidney Disease: An Update. *Medical Clinics of North America*, 107(4), 689–705. <https://doi.org/10.1016/j.mcna.2023.03.004>
- Koyama, A. K., Hora, I. A., Bullard, K. M., Benoit, S. R., Tang, S., & Cho, P. (2023). State-Specific Prevalence of Depression Among Adults With and Without Diabetes — United States, 2011–2019. *Preventing Chronic Disease*, 20, 220407. <https://doi.org/10.5888/pcd20.220407>
- Horsbol, T. A., Hoffmann, S. H., Thorsted, A. B., Rosenkilde, S., Lehn, S. F., Kofoed-Enevoldsen, A., Santos, M., Iversen, P. B., & Thygesen, L. C. (2024). Diabetic complications and risk of depression and anxiety among adults with type 2 diabetes. *Diabetic Medicine*, 41(4), e15272. <https://doi.org/10.1111/dme.15272>
- Kidney Disease: Improving Global Outcomes (KDIGO) CKD Work Group. (2024). KDIGO 2024 Clinical Practice Guideline for the Evaluation and Management of Chronic Kidney Disease. *Kidney International*, 105(4S), S117–S314. <https://doi.org/10.1016/j.kint.2023.10.018>
- Kim, H. J., & Park, S. (2022). Blood Pressure Target in Type 2 Diabetes Mellitus. *Diabetes & Metabolism Journal*, 46(5), 667–674. <https://doi.org/10.4093/dmj.2022.0215>
- Migdalís, I. N. (2024). Chronic Complications of Diabetes: Prevalence, Prevention, and Management. *Journal of Clinical Medicine*, 13(23), 7001. <https://doi.org/10.3390/jcm13237001>