

A top-down view of various medical supplies on a bright blue surface. On the left, a silver stethoscope is partially visible. In the center, a white surgical mask is laid flat. To the right, a clear plastic syringe with a needle is prominent. Scattered around are several pills: a white round one, a purple and white capsule, and a white oval one. There are also small glass ampoules and a blue nitrile glove on the left side. The overall scene is clean and clinical.

Stop Problems Before They Start

Video 5

Arteries are Everywhere





CHOLESTEROL AND HIGH
BLOOD PRESSURE

Stroke





Heart attack

Kidney Disease





Eye disease



AMPUTATIONS



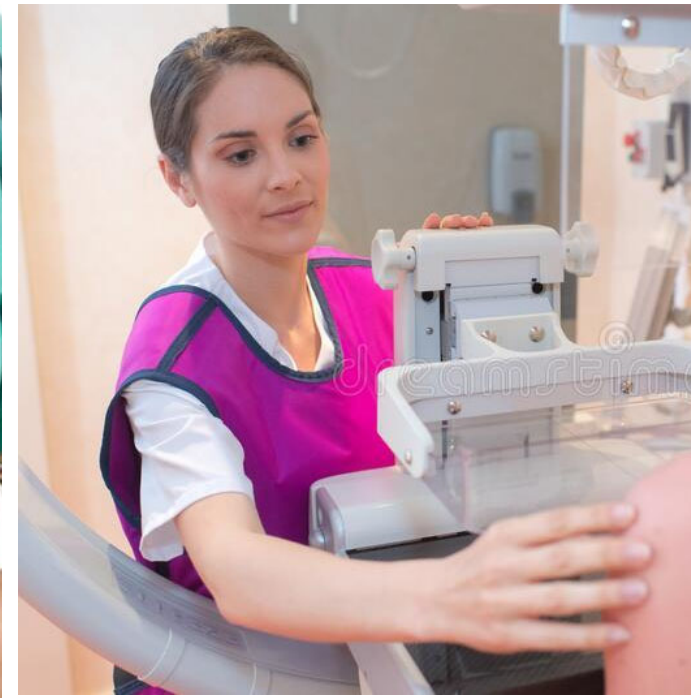
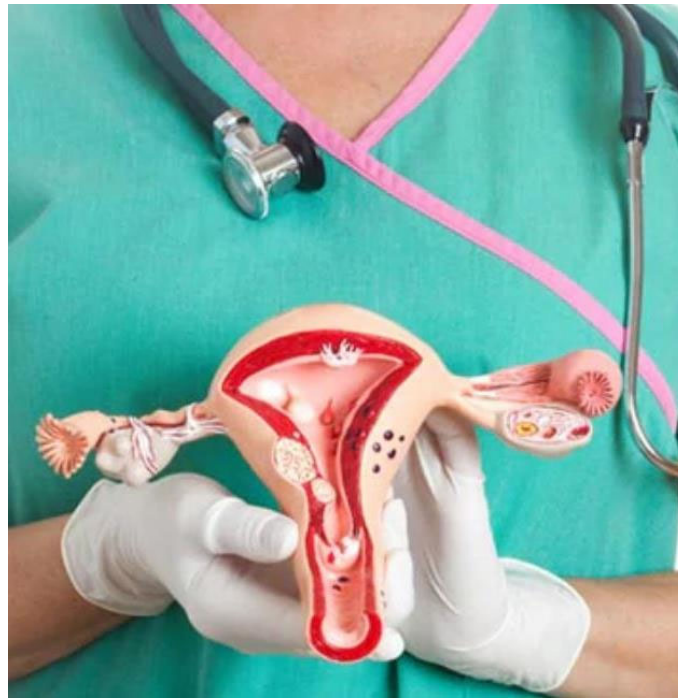
**WHAT CAN
I DO?**



Vaccines

I'm scared of
vaccines!





Other prevention exams

- Colonoscopy
- Mammogram
- Pap-smear



WE ARE ON
YOUR SIDE

WE ARE A
TEAM



Do you need vaccines, medical referrals or preventive care?

Your CHW can help **CONNECT** you



Continue your hard work!

- Stick with your medications
- Stick with your good eating habits
- Keep talking to your Community Health Workers
- **DON'T GIVE UP!**



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We are running
a marathon
– the road is
long

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